ARTH
4071  ARTH 280 A Buddhist Images & Narratives

David Efurd
Graded Interim (A-F)
Enrollment: 15/15
Billed Fee: $0.00
1300 1600 MTWRF RSRCA 126

This course will examine art produced in the service of Buddhism with an emphasis on storytelling and the narrative tradition. We will consider major schools and traditions of Buddhist practice, including Theravada, Mahayana, and Esoteric Buddhism. Topics will include images of the life of the historic Buddha and tales of his previous lives; the expanded pantheon of buddhas, gods, and goddessses; representations of the Buddhist universe and multiple realms of existence; the development of the mandala; and the expression of Buddhist values and ideals through story and symbol. Students will read Buddhist texts in translation and employ them to assist their analysis of Buddhist art from various Asian traditions. Successful completion of this course satisfies the Cultures and Peoples requirement for graduation.

Additional Estimated Expenses: $20

ARTS
4072  ARTS 280 A Cameraless Filmmaking

Mariya Vlasova
Maria Hofmann
Graded Interim (A-F)
Enrollment: 20/21
Billed Fee: $50.00
0900 1200 MTWRF

Cameraless filmmaking is an umbrella term that encompasses such techniques as directly painting and scratching onto a film strip to create abstract animations, working with found footage from YouTube and DVDs to create video essays, and photogram (image produced using photo-sensitive surface but without a camera). The course will introduce students to both making and analyzing films and videos made without shooting original footage or working with a camera. With a strong emphasis on critical thinking, ideation, research, and experimentation, the course will prepare students to be careful and sensitive viewers and makers of still and time-based works. No prior experience with art, film, or theory necessary.

Course Requirement: Access to a computer with at least 8GB of RAM (either through digital studio on campus or personal computer). Contact the instructors if you have questions about this.

First meeting: Tuesday, March 23rd is mandatory.

Additional Estimated Expenses: $50

BIO
4073  BIO 103 A Biology, Science in Context: Global Concern or Global Fallacy?

Lisa Cantwell
Graded Interim (A-F)
Enrollment: 15/15
Billed Fee: $0.00
1300 1600 MTWRF

Our contemporary world is wrought with fake news, pseudoscience, and conspiracy theories. Today’s citizens are faced with making decisions in which the outcome will not only affect themselves but also other members of society. Throughout this course, students will explore the features that make science an important way of understanding the natural world. This exploration will focus on science-based topics and issues important in our contemporary world. Students will apply critical thinking skills in order to evaluate the evidence surrounding many of the major global issues (e.g. climate change, vaccines, epidemiology and ecology, plastics and waste, water consumption, etc.) we face as a society today and their impact on human (and non-human) lives.

Additional Estimated Expenses: $75

ENVS
Students will explore the features that make science an important way of understanding the natural world. This exploration will focus on science-based topics and issues important in our contemporary world, with a concentration on fermented food products such as Kombucha, kimchi, sourdough bread, and yogurt. Students will investigate the science behind the claims that fermented foods offer health benefits. They will also make their own fermented food products.

Approaching the traditional US history survey through an innovative approach called "Reacting to the Past," students will play the roles of real historical characters dealing with an actual historical problem. Students will get traditional coverage of material by viewing video presentations outside of class time. All class time will consist of the students engaged in three separate games which will capture the major themes of US history since 1865. This class fulfills the General Education requirement in History for students under the 2019-2020 or 2020-2021 catalog. Typically, this would be a first- or second-year student.

Additional Estimated Expenses: $100

This is not an interim course. It is a 1 credit-hour fitness course offered during Interim. All students need to register for a 3 credit-hour interim course. PHED can be taken in addition to the interim course, but it will not apply to the interim requirement.

What does it mean to live a good life? How good do you have to be to deserve to go to the "good place" after this life is over? Is it enough to try to do well? Do consequences determine the goodness of your actions, or does your motivation matter, as well? In this course we will follow along with the critically acclaimed television series The Good Place as it explores different approaches to answering these vitally important questions. We'll study what philosophers have had to say about these issues and explore firsthand what various cultures and faith traditions have considered "the good life" to consist in.
4022 JAN 301 A  Enchanting Facts About East Asia  
Yongfang Zhang  
Enrollment: 19/20  
Billed Fee: $0.00  
0900 1200 MTWRF  
MONTG 119  

The aim if this course is to cultivate cultural knowledge of East Asian countries, including China, Japan, and South Korea. The course will be organized by four themes: Cultural beliefs and values in East Asia, Entertainments in East Asia, Martial Arts Films in East Asia, and Etiquette in East Asia. The classes will feature films and media, article reading, discussion, mock performance, hands-on experience, a guest lecturer, and student projects and presentations. 

Additional Estimated Expenses: $20

4023 JAN 302 A  The Feminist Vegan  
Nancy Williams  
Begona Caballero Garcia  
Enrollment: 11/25  
Billed Fee: $200.00  
1300 1600 MTWRF  
OLIN 220  

The intersectionality of feminism and veganism will be explored through topics such as: women as animal advocates, media representation of women and animals (especially in advertising) and the philosophical debate as to whether feminists should be vegans. Regular readings, short writing assignments, class discussions, group presentations, cooking demonstrations, and video documentaries will make up our in-class activities. We will also take three field trips to local (within 60 miles) animal rescue sanctuaries. 

Additional Estimated Expenses: $50

4024 JAN 303 A  Let Me Entertain You  
Gary McCraw  
Enrollment: 19/20  
Billed Fee: $350.00  
0900 1200 MTWRF  
1300 1600 MTWRF  
MONTG 123  
MONTG 123  

This Interim covers resume and interview skills, etiquette, note writing, and above all, entertaining!

4025 JAN 304 A  Business Stuff I Should Know  
Eddie Richardson  
Enrollment: 20/20  
Billed Fee: $0.00  
0900 1200 MTWRF  
OLIN 114  

This "hands on" project for non-business majors/minors will answer personal and business finance questions every student will encounter after graduation such as: How do I reconcile my checking account? How do I get a car loan? Should I rent or buy a home? What is a mortgage and how much does it cost? What kind of insurance do I need? What do I need to know about signing a contract? What do I need to know about investing for retirement? What's the difference between stocks and bonds, mutual funds, etc.? How do I organize and start a business? How do I read financial statements?

4026 JAN 305 A  The Art of Memory. The Game of Chess.  
Patrick Whitfill  
Enrollment: 27/20  
Billed Fee: $0.00  
0900 1200 MTWRF  
MAIN LA  

We'll learn chess. We'll memorize openings, and, in doing so, we'll learn how to memorize anything with more success, using the mind-palace method. We'll play games, analyze games, memorize games played by grandmasters. We'll make a bunch of mistakes, blunders, inaccuracies. We'll lose, we'll win, and we'll draw our games. We'll watch The Queen's Gambit, read the book, too. We'll watch the BBC Sherlock episode where Holmes goes up against a nemesis who memorizes everything about everyone, then uses those endless facts like chess moves in his bid to become exceptional. We'll play again, learn some more, study, watch YouTube chess stars (it's a real thing). More than anything, though, we'll learn to play chess, to get better at chess, to get better at our memory skills. All skill levels welcome, but the requirements will be geared toward beginners.

Additional Estimated Expenses: $30
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<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Instructor(s)</th>
<th>Enrollment</th>
<th>Billed Fee</th>
<th>Time Schedule</th>
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<tbody>
<tr>
<td>4027</td>
<td>Yoga: Science, Psychology, and Practice</td>
<td>Katherine Valde, Jennifer Bradham</td>
<td>31/25</td>
<td>$60.00</td>
<td>0900 1200 MTWRF</td>
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<td>Have you ever tried yoga before, but would like to? Have you been practicing for a while, but want to deepen your practice? This interim is designed to give students the tools and knowledge needed to cultivate a personal practice of yoga and mindfulness. We will learn posture names (in English and Sanskrit), anatomy of basic postures, and the basic science behind the benefits of a yoga and mindfulness practice. In addition to a daily yoga practice, we'll engage in posture labs to explore key poses more deeply (including science and psychological principles behind each), as well as explore some of the principles for creating fun and anatomically appropriate yoga sequences.</td>
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<td>4028</td>
<td>Tabletop Role-Playing Games</td>
<td>Tracie Ivy, Joseph Spivey</td>
<td>25/25</td>
<td>$20.00</td>
<td>1300 1600 MTWRF</td>
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<td>Get your 20-sided dice ready and join us in exploring fantastical worlds through tabletop role-playing! In this project, we will examine the genres and gameplay mechanics of tabletop role-playing games (RPGs), past and present. Selected games will be played in class, and students in this project will work together to design their own tabletop RPGs. Whether you are a noob or an experienced gamemaster, we invite you to join our campaign!</td>
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<td>4029</td>
<td>Health, Nutrition, Fitness, and Wellness</td>
<td>Tim Bersak, Patrick Stanton</td>
<td>21/20</td>
<td>$228.00</td>
<td>0900 1200 MTWRF, 1230 1330 MTWRF</td>
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<td>An exploration of the intersections of health, wellness, and fitness, and an examination of the role that community and social factors play in lifestyle choices. We will primarily use one group exercise program, CrossFit, to improve our own fitness. We will also spend some time doing restorative yoga. Throughout the course, students should expect to engage in physical activity 4+ days per week, though no prior exercise experience or current level of fitness is required. This is not meant to be a &quot;boot camp&quot; style immersion. The course is targeted towards those with relatively limited experience. Students will be required to have their own transportation to reach CrossFit Spartanburg, where they will learn the foundational movements of CrossFit. Students have a membership that will cover both Interim and the Spring semester. Students are required to choose a topic on health and prepare a classroom lesson as well as keep accurate food and exercise journals.</td>
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<td>4030</td>
<td>Storytelling with Computer Animation</td>
<td>David Sykes, Caroline Mark</td>
<td>17/25</td>
<td>$0.00</td>
<td>0900 1200 MTWRF, 0900 1200 MTWRF</td>
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<td>Have you ever wanted to make your own computer animation to tell a story? Here is your chance. You will learn how to develop a good story and then bring it to life using computer animations. Using storyboards to visualize the story and then Blender (blender.org) to generate and edit the images, you will create an animated short. Students need to have a laptop that meets Blender system requirements which can be found at: <a href="https://www.blender.org/download/requirements/">https://www.blender.org/download/requirements/</a>.</td>
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<td>4031</td>
<td>Fly Tying and Fishing</td>
<td>Philip Swicegood, Ron Robinson</td>
<td>25/25</td>
<td>$300.00</td>
<td>1300 1600 MTWRF</td>
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<td>We will learn the craft of creating beautiful, functional flies suitable for fly fishing. Students will gain knowledge of aquatic biology as it relates to sport fish, so that they can develop effective fly patterns that imitate specific species within the piscatorial food chain. We will also explore the rich literature associated with fly fishing and fly tying and apply that learning by taking day trips to local fishing waters.</td>
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In examining the Heroine in Japanese media, we will start with the protagonists in Miyazaki films such as Nausicaa and Spirited Away by looking at the development of strong female leads through numerous multimedia formats and genres. In addition to film and anime viewing, students will read several magna novels and a selection of articles on feminist issues related to Japanese media. The class will be assessed through several modalities including class discussion, one-page response papers and weekly journal entries. On the more creative side, with the assistance of a visiting art instructor, each student will design their own manga character. Note: This course does not watch Dragon Ball Z, Naruto or anything of that nature.

Looking for information designed to help you navigate college and life? We will discuss topics such as Budget and Credit as you explore the importance of knowing your finances; Rent Smart: What to look for when you rent; Cooking 101: Tips and tricks for easy cooking; Car Repair 101: Importance of regular car maintenance (including how to change a tire). Professional development topics such as: professional attire, resume/cover letter development, interviewing basics, the importance of soft skills and principles of leadership will also be discussed. Students successfully completing this interim will be awarded a certificate through the BB&T Leadership Certification Program.

Would you like to spend your interim in nature at the beautiful Goodall Environmental Studies Center at Glendale? The goal of this course is to cultivate the ability to find a sense of calm by getting to know a place in depth. As a class we will also study the effects of stress on the body and how we can mitigate them. Activities will include yoga, meditation, art making, and journaling, among many other activities, both indoors and outdoors. Dress for the weather! All students must have their own transportation to Glendale for class meetings each day. Get grounded!

One might call this a course on love and wisdom. It considers the relation of our sexuality to the meaning of human existence. It is both theoretical and practical. The readings are taken for the most part from literature and philosophy, both ancient and modern. It is a liberal arts course concerning the most important practical questions posed by our lives.

For over four decades Star Trek has been a part of American culture. For many Star Trek is more than just riveting entertainment. It has presented an inspiring message for the future addressing everything from social, political, philosophical, and ethical issues to progressive and humanistic representations of race, gender, and class. We will examine and discuss the many ways that the franchise has affected the culture it represents and the people who watch the series. We will also examine whether Star Trek presents a world of utopia, community, self improvement, that are central to American culture and history. So, boldly go where no one has gone before, and live long and prosper.
**4037 JAN 316 A Reel Science: The Portrayal of Science in Cinema**

Katie Putney  
Amy Sweitzer  
Enrollment: 25/25  
Billed Fee: $0.00  
1300 1600 MTWRF

An exploration of how science is portrayed by Hollywood. You will be guided through an examination of how the scientific method, scientists, and various scientific concepts such as genetic engineering, climate change, and artificial intelligence, are illustrated in popular movies. From Jurassic Park to Ex Machina, we'll discuss the impact this art form can have on society’s views of science and our understanding of the world around us, and in the process learn about some really fascinating topics that are at the forefront of current scientific discovery today.

Additional Estimated Expenses: $15

**4038 JAN 317 A Fire Ecology of the Southern Appalachians**

Peter Brewitt  
Cissy Fowler  
Enrollment: 24/25  
Billed Fee: $20.00  
1300 1600 MTWRF

Fire Ecology of the Southern Appalachians explores the relationships between people, fire, and the land in the very special mountainous region nearby Wofford. The course is divided into four sections: fire history, fire ecology, fire management, and fire future. In a collaborative learning community, together we will explore interactions between people and fire in the past, present, and future. Students will learn the fundamentals of fire ecology, fire behavior, fire weather, and fire effects. These topics will be explored in relation to both wildland and prescribed fire. Students from across disciplines are welcome to enroll, especially those interested in environmental studies, ecology, botany, anthropology, and sociology. If you enroll in this course, you will acquire an appreciation for fire and an awareness of its role in Appalachian ecosystems.

**4098 JAN 318 A Black Women Activists**

Jim Neighbors  
Enrollment: 21/20  
Billed Fee: $0.00  
1000 1200 MTWRF  
1300 1400 MTWRF

An intensive study of five of the most significant civil rights and Black Lives Matter activists in modern US history: Ella Baker, Assata Shakur, Angela Davis, Patrisse Khan-Cullors, Stacey Abrams. We'll read their writings, learn some of the context of their activism, analyze their similarities and differences, listen to their conversation, appreciate their achievements.

Additional Estimated Expenses: $30

**4039 JAN 319 A Furniture Design-Build**

Michael Webster  
Enrollment: 12/12  
Billed Fee: $400.00  
0900 1200 MTWRF  
RSRCA 006A

Adorning your home with a piece of furniture transformed from raw lumber into a contemporary heirloom is a rewarding experience. In this course, students will learn the process of creating a custom piece of furniture from their own design. Woodworking requires attentive use of hand and power tools, therefore, students will begin with learning the proper use of power saws, drills, sanders, and shapers. Students will then adopt a proven design thinking methodology for generating innovative ideas. Due to the style of the course, students will be expected to incorporate creativity and problem-solving throughout. By the end of the course, each student will complete a unique functional furniture project to take home.

Prior experience with woodworking is not necessary, but a willingness to learn proper use of power tools and follow safety guidelines is required.

To view examples of previous student work:  
https://drive.google.com/drive/folders/1hO8588zga18-DvTP7OvzOTQ-EhgF7Osh?usp=sharing.
Orange is the New Black (OITNB), Netflix’s most-watched original series, empathetically tells the diverse stories of women in federal prison. Showrunner Jenji Kohan adapted OITNB from Piper Kerman’s memoir depicting her experiences as a privileged white woman sentenced to one year in a minimum-security federal prison for money laundering and drug trafficking. Piper became Kohan’s “Trojan horse” attracting viewers who came for “the girl next door” and stayed for the dynamic and profound stories about Black, Latina, transgender, and older women. Spend your interim with the ladies of Litchfield and challenge yourself to read LGBTQ+ literature, writers of color, and prison and crime narratives. Along the way, you will watch the series and discuss issues from racism and injustice to immigration and the privatization of prisons in the U.S. Whether you are team Alex or Larry, there’s something for everyone in Red’s kitchen!

Additional Estimated Expenses: $100

Join us as we explore yoga, meditation, and natural healing. Through daily yoga/meditation, students will practice a variety of yoga traditions such as Hatha, Iyengar, Anusara, Asthanga, and Vinyasa. We’ll complement our daily practice with discussions of philosophy and natural healing, such as hands on experience with acupuncture, herbal remedies, and aromatherapy. We will seek to create a philosophical and practical framework for students to better understand the relationships between our selves, our bodies, and the natural world.

Additional Estimated Expenses: $20

Kurtz’s last words in Joseph Conrad’s Heart of Darkness could have referred to his fear of death, his anguish over his physical decay, his reflections on his moral decay, or the ease with which the rational succumbs to the irrational and violent. All of these are generative ideas for horror films, which share an interest in the disturbing. Despite its focus on fear and anxiety, this form of cinema has found a welcome audience for well over a century. Horror films range widely in the central subject of their representations: the supernatural, the monstrous, the psychotic, and the apocalyptic are variants. The manner in which such films have represented their subjects has also varied. Sub-genres such as body horror, splatter film, and slasher film involve extremely graphic depictions of violence, and their preoccupation with punishment and pain has led some to see many such films as misogynistic and others to complicate this reading. In this interim we will study horror films from the 1920s to 2016 to appreciate film technique, understand the development of the genre, relate horror films to their material and historical circumstances, and argue the broader implications of their representations.

Employers often identify problem-solving skills as an important quality when hiring college graduates. Problem-solving is a universal skill that applies to any position in every industry; actually, in all aspects of life. But, being a problem solver isn’t just an ability, it’s a mindset. In this course, we will develop our problem-solving and critical thinking skills through the use of breakout games and escape rooms. Placing students as active participants in the creation of a solution, breakout games also foster engagement in learning, collaboration, creativity, and inquiry.

Through this course, students will engage in individual and collaborative mapping exercises as they explore how decolonized mapping strategies can serve as community bridge builders.
Star Trek, created in 1966 with a utopian vision of the future, has evolved and changed along with American culture, projecting the hopes, fears and ideologies of the last sixty years. In this interim, we will explore three themes to which Trek has returned again and again: race, gender, and politics. Students will watch episodes from seven different Star Trek television series and several films, as well as artifacts from fan culture (comic books, fan fiction, music, etc.) to explore the ways in which Star Trek has reflected and challenged these themes over the decades.

Additional Estimated Expenses: $10

People have enjoyed tabletop gaming for literally thousands of years. From chess to Chutes and Ladder to the "Monopoly killer" Settlers of Catan, we have all relished the opportunity to squash our opponents at some point. Seriously, how many longstanding family feuds have begun over a Monopoly board? In this Interim, we will explore the ever-expanding variety of tabletop genres from non-traditional card games such as Lost Cities, to adventure games like Forbidden Tower, to dungeon crawlers like Mage Knight. Each day, students will choose a game to play, then write a review of the game that evening. These reviews will allow us to consider what makes a good game—what's the right balance of strategy and randomness, what are some interesting and fun mechanics? As a final project, student groups will design and construct a prototype tabletop game, complete with written rules, to share with the class.

Additional Estimated Expenses: $15

The release of Dungeons & Dragons 5th edition brought with it a resurgence of interest in tabletop roleplaying. For fans of the genre, having lots of new players is amazing, but every new player group needs a Dungeon Master (or Game Master). In this course, we will focus specifically on the skills needed to run a game successfully. These include the role(s) of the Game Master, rules adjudication, encounter design, game balance, and table presence. By the end of the course, each student will create and run a complete original adventure for their group.

Additional Estimated Expenses: $100

Did you know that the craft of knitting is over 1,000 years old? Did you know that men used to dominate the world of knitting? Would you like to learn a fun craft? In this course, students will spend a month learning about knitting. For many people, knitting is a meditative and therapeutic activity. In addition to casting on and binding off, students will learn to knit a variety of stitches. We will also learn about knitting terminology and reading patterns. By the end of the course, students will have completed four knitted projects. Other coursework will include assigned readings and a final project. Each student will complete one knitted project to be donated to a local charitable organization.
J.R.R. Tolkien published The Hobbit in 1937 and The Lord of the Rings (LOTR) in 1955. These stories were part of a larger "legendarium" of invented languages, prehistory, and indeed a whole cosmos (The Simarillion).

Since their publication, Tolkien's creations have been taken by others in many different directions. LOTR became part of the 1960s leftist counterculture in English speaking countries ("pipeweed"). LOTR has been viewed since then as postmodern, fascist, Catholic, a reflection of Tolkien's personal rural history, and since 2001 largely through the six Peter Jackson films. There is a massive secondary literature of analyses of Tolkien's sub-creation of Middle Earth, but only recently have scholars begun to explore seriously the politics of the characters, the story and the world.

The purpose of this Interim is to again review the LOTR trilogy to discover the political dimensions, especially the processes of political deliberation by the main characters and peoples in the story: The Hobbits (Frodo, Sam, Merry and Pippin), Gandalf, Tom Bombadil, Saruman, Sauron, the Ringwraiths, Gollum, Galadriel, Elrond, Arwen, Aragorn, Gimli the Dwarf, Legolas the Elf, Boromir, Faramir, Denethor, Theoden, Eowyn, Grima, Treebeard, Shelob, named Orcs, and the One Ring itself.

Additional Estimated Expenses: $60

Over the last two decades, superheroes and their accompanying supervillains have increasingly moved into the center of our cinematic universe. Blockbuster movies continue to emerge centered on this genre such as the relatively recently released Black Widow movie. New television series continue to be developed centered on this genre while old series sustain quite lengthy lives. Streaming venues such as Hulu and Netflix contain series developed only for distribution through these mediums.

While it is certain that the audience of this genre includes a loyal fan base, it is also probable by the continued growth of the genre that the audience continues to grow. We endeavor to explore in this course philosophy topics in relation to superheros and supervillains through collections of essays written by a group of psychologists and cooperating scholars.

Additional Estimated Expenses: $20

This project will offer an introduction to the world of craft brewing. Students will develop a historical perspective of the craft beer industry. By examining the details of beer brewing, students will learn the chemistry and microbiology of the brewing and fermentation process. The elements of beer flavors will be dissected and understood through sensory evaluation and how malts, hops and other ingredients produce the wide variety of flavors and styles in the world's most popular drink. Students must be twenty-one years of age by April 19, 2021, to participate and gain instructor permission prior to registration by completing this application by February 5, 2021: https://forms.gle/Wyr3pw6aGQK2hjsJ7.

Additional Estimated Expenses: $60

Love acting, singing, or lights, PR, costumes, or set construction but can't fit it into your busy schedule? If so, you should sign up for Pulp Theater's interim production. Here is your chance to shine on stage! If you like musicals, The Rocky Horror Show, Reefer Madness, Hair, and The Evil Dead, you're sure to love whatever the heck Pulp Theater is doing! There is a plethora of positions to be filled. We are looking for both cast and crew, so don't let stage fright stop you from signing up. Participation is contingent upon an audition and/or interview with the student director and the faculty sponsor. We look forward to seeing you there!
Women are less likely to read comics than men, largely because women have been historically underrepresented in comic creations. The last two decades have seen vast improvement in diverse representation in comics as more diverse creators, including women, entered the field. Many people miss out on this wonderful literature and art because they don’t realize the rich variety of high-quality stories and art produced in this medium. Students in this course will first study sequential art and how to read comic books (with Scott McCloud’s Understanding Comics). Students will then read comic books by, for, and/or about women across genres, including crime/suspense, superhero, autobiography, fantasy/sci-fi, coming-of-age, and horror. Students will choose their own books to read throughout the course, but each student will read a selection from multiple genres. Each student will keep a reading journal and complete a final project reflecting on the month of reading. The goal of this course is to help students develop reading skills and lifelong love of literature, especially comic books.

Would you enjoy learning about your family history and documenting it with photos and journal writing? In this project, we will use family photos to create digital scrapbooks of your family history; you will interview your parents and other family relatives in order to uncover the stories that make up your personal heritage and will add interest to your scrapbooks through journaling. No prior knowledge of digital scrapbooking is required; we will begin by learning to convert printed pictures into digital files and to edit images using the free software program GIMP.

This interim will explore the world of Triathlon, encouraging students to build good habits about keeping a regular fitness routine, following a healthy diet and getting sufficient sleep. Students will begin by learning about the history of triathlon and the various iterations of the sport (distances, business models, etc.). The class will spend several hours each week swimming, cycling and running as they train to have the ability to complete a triathlon. Throughout the course we will explore current science on the physiological and psychological impact of various types of exercise on the human body. This exploration will be accomplished via review of scientific studies on the subject along with personal observations made by each of the students using exercise journals they will keep throughout interim. Students signing up for this interim must be able to swim a minimum of 50 yards (2 lengths of a pool) without stopping prior to the beginning of the interim period. Please contact Professor Cartwright or Dr. Morris with questions or to obtain permission to sign up for the course.

By focusing on deep and slow reading, sitting still, meditative concepts of mindfulness, and a powering down of technology, we will start with reading a number of essays, websites, and blogs on the practice of mindfulness and the slow reading movement. During this time, each of us will also decide what we want to focus on reading. (Any kind of reading, any genre, will be accepted with the caveat that the text must be in print, and it cannot be magazines.) The majority of the interim will involve us reading--outside, in small rotating groups in class, and/or remotely.

We'll attempt to retain mindfulness while reading and tuning out technology and distractions. Twice a week, we'll have entire-group discussions either outside or on Zoom about what we're reading and, more importantly, how we're doing with our concentration and focus. There will be daily journal entries that reflect upon the triad of mindfulness, tuning out, and reading. This interim is for serious students with a desire to improve their focus and reading capabilities.
The historic box office success of Marvel's Black Panther in 2018 has led, once again, to talk of the rise of black film. This rise and fall and/or ebb and flow of interest in black film, and by association interest in representations of African Americans in film, is often both contradictory and controversial. African American identities in films have been impacted by both the complex perspectives within and outside of the African American community itself and, more problematically, by those in control of Hollywood and American filmmaking. This Interim will explore the history and critical discussion surrounding portrayals of African Americans in American cinema. How have these representations changed over time and what do these films say about the state of race relations at the time of their production and beyond? How have these images impacted viewers and our nation socially and culturally? To address these questions, we will examine a number of films starting from the 1970s to the present day, through the lens of topics such as raising social consciousness, racial empowerment, cultural studies, gender studies, Black love, etc. to see how African American cinema has both reflected and shaped political, cultural, and social life.

Additional Estimated Expenses: $9

The Beatles were arguably the most influential and innovative musical group in the history of popular music. They were one of the first groups to write and play their own music (ushering in the era of the "self-contained band"), and practically every one of their albums broke new ground. This course will take you on a magical mystery tour of The Beatles starting from their earliest days in Liverpool, moving through the excitement of Beatlemania, the rush of psychedelia, and the maturity of Abbey Road. We will also go beyond their breakup to investigate their solo careers and the lasting impact they left on the world.

Intense listening and analysis of music will comprise much of this course, along with the viewing of Beatles documentaries and the Beatles' own films. Topics students will investigate include the music, lyrics, recordings, personal and public lives, production techniques, career strategy, social ramifications, and technological impact of The Beatles. By the end of the course, you will fully understand why the names John, Paul, George, and Ringo are permanently engraved in history.

Additional Estimated Expenses: $60

Are you interested in a career in journalism, education, government, or law enforcement, and want to have the chance to reflect on different aspects of such a job? Or, are you interested in discussing major issues facing our country? Or, do you simply like watching good TV shows? If your answer to any of these questions is “Yes,” then this interim is for you. We will be watching and talking about The Wire, one of the most praised TV series of all-time. The show, which focuses on life in inner-city Baltimore, deals with a number of major social issues, and the attempts by people in various vocations to deal with these problems.

Additional Estimated Expenses: $30
The 1929-1942 period remains a benchmark in American history as people faced prosperity, depression and war in quick succession. Using the book titled "The Forgotten Man: A New History of the Great Depression" by Amity Shlaes, we will engage in a contemporary reappraisal of the Great Depression: its causes, its impact and reactions to it. Through a series of readings, documentaries, individual research & class discussions, we will survey the economic, intellectual and political developments in America during the 1930s. Further, we will explore the corrosive effects of the New Deal on the breadth & duration of the economic contraction and consider its legacy on current economic affairs. The course materials are suitable for students pursuing any course of study.

Explore chemical reactions that occur during cooking processes. Learn about the role of fats, carbohydrates, protein, minerals and other nutrients in the chemistry of flavor. Additionally, we'll take a look at some of the tools chefs use to prepare ultra-fancy "molecular gastronomy" dishes. You'll even try your hand at making butter, cheese, candy, bread and more. There will be plenty of opportunities for tasting in this hands-on course. Get ready to wash your dishes!

Students will use field research and the ethnographic method to approach learning about different aspects of our city of Spartanburg. Spartanburg will be our field site to explore it’s culture, literature and history. Students will venture out into the city, collect stories and post them to a Moodle blog.

Additional Estimated Expenses: $65

Designed for those who are totally new to the game of golf, this interim will explore the changing roles golf has played and continues to play in American culture. The fundamentals of the game will be presented, explained, discussed and implemented. We will also conduct research into the historical significance of golf as well as biographies of professionals and significant amateur golfers. Past and current professional golf instructors and their methods will be compared and evaluated. Golf club fitting, maintenance and repair will also be presented and discussed. Students will spend time on a driving range and a par 3 course to hone their golfing skills. We will also practice on local 18 hole facilities. This interim is suitable for beginning golfers only.

Additional Estimated Expenses: $50

In this project we will learn to play Scrabble, and learn to play it well. On top of learning the basic rules of the game, we will explore the strategies used by top players as well as some aspects of the game's controversial history. No prior knowledge of Scrabble is required for this project.
### The world is filled with interpretations of Sherlock Holmes, but there is only one collection of short stories and novels that is authentic. The Sherlock Holmes canon consists of 56 short stories and 4 novels penned by his creator, Sir Arthur Conan Doyle. This interim will take students on a journey through all 60 of these tales in a search for the 'real' Sherlock Holmes. How did his creator craft the character? Are the stories good mysteries? What do they reveal about the Victorian and Edwardian world? And why are they still being read and imitated more than a century after they were first written? Students will read, take comprehension quizzes, learn about the Victorian and Edwardian world, and develop their own 'version' of Sherlock Holmes via a story, skit, movie, or other creative endeavor.

Additional Estimated Expenses: $50

### (Re)Learn one of America’s most dynamic aerobic sports! Students will explore a variety of approaches in learning how to develop skills in aerobic quad indoor and outdoor skating. Utilizing presentations, discussions, reflections and readings, students will gain an understanding of the history of skating as an expressive outlet, a social subculture and how it is integrated into and inspires popular culture. Students will demonstrate how well they have mastered 4 skills selected by the instructor and 2 self-selected skills. This is a hybrid class comprised of in-person, synchronous, and asynchronous instruction. Off-campus trips include the roller rink, skate park, and/or the Rail Trail. Students will be expected to practice at least 3 to 4 hours per week in addition to class time in order to be successfully complete skills test and endurance test. Students will need their own quad roller skates (not inline) and protective gear such as helmets and pads (elbow, knee and wrist pads) and must have these before the first class meeting. Additional items such as skate upgrades may be purchased at the student’s discretion.

Additional Estimated Expenses: Cost of skates and needed safety gear

### The main characters and events of World War II are often presented in historical films and the extensive writing on this global conflict, but the outcome of the war owed a great deal to lesser known individuals, such as George Duckwitz, Virginia Hall, Andrew Higgins, Alan Turing, and Merle Tuve. In addition, the war brought forth some serious ethical problems, such as the contradictions between a nation ostensibly devoted to individual liberty while maintaining racial segregation in its military and at home, and the role of new weapons of mass destruction. This interim will develop the students’ understanding of this turning point in history, with a special view toward the lesser known individuals and technological developments that contributed both to the immediate outcome of the war and the long-term political and economic consequences.

Additional Estimated Expenses: $80

### Jane Austen is one of England’s most beloved authors. But many of us haven't read much beyond Pride and Prejudice. This deep reading interim will allow us to explore two of Austen's less well-known novels, Mansfield Park and Persuasion, and then renew our knowledge of Pride and Prejudice. Students will gain familiarity with the challenges and rewards of intensive reading through class discussion and daily writing. Students will keep a reading journal reflecting on both the novels and their experiences of reading, and will design and execute a final project that reflects some aspect of Victorian culture drawn from the readings. The goals of this course are to develop a greater appreciation for one of the most important cultural figures of the 19th century and to enhance our abilities to read deeply and at length, skills that often prove elusive in today's world.

Additional Estimated Expenses: $40
What makes us happier in life? What can you do now to cultivate gratitude for yourself, your friends, family and the world you live in? Are diet, exercise, and daily practices related to a happiness? Some experts say that nutrition has a significant impact on our neurophysiology. Others believe that nutrition, spending time outside and humor positively impact our mood and our bodies. To explore this, we will have conversations with a nutritionist, a life coach, a health coach, an herbalist, and other experts on these topics. Students will practice Zumba, yoga, meditation, various dance styles, and other forms of exercise such as martial arts to connect our exploration with our practice. We will adopt some daily routines that have been proven to increase levels of happiness. We will also have day trips to parks for walking-meditation, drumming, and to participate in community engagement activities. In addition, we will reflect on how these activities and many others can increase your positive attitude and overall well-being. Participants are expected to participate in physical activities five times per week.

We are both the creator and the created product of our environments. We influence both the form and content of the world that surrounds us, from possibly building our dream home, to hanging the right posters on our walls. In addition, as a member of society, we are also called upon to make judgments and choices about the constructed environment that surrounds us. We make choices about the cities and neighborhoods we want to be a part of. Some people actually report being physically ill by their surroundings. Others create space with the intent to affect behavior using subtle cues. For example, making Barnes and Noble look like a library to the point where you no longer behave like a regular store (i.e. whisper). Buildings form the backdrop of our lives. Some buildings may be more notable and identifiable, but for the majority of the buildings, we pass them by without paying much attention. This course is designed to help students become more aware of the architecture that surrounds them on a daily basis. With awareness comes knowledge and appreciation of how we are influenced and can influence our environment. The emphasis of the course will be the study of the elements of architecture and how they relate to each other and to us. In order to study architecture, even at an amateur level, there needs to be the development of an appreciation for the fundamental aspects of the field. Most of the work will be done in a classroom setting. However, there will be small field trips to local buildings, urban spaces, and meetings with architects and planners. Evaluation will be based on 3 in-class projects and a final project.

We will study the unique relationships that have developed between humans and dogs. This will include exploring the behavior, evolution and cognition of dogs and other animals. Afternoons will be spent at the Spartanburg Humane Society learning and practicing their techniques used to assess and condition dogs for successful adoptions. The ultimate goal is to learn how individuals and society can foster responsible and effective pet relationships. Instructor permission required.

Chinese calligraphy, the art of writing Chinese characters, started as early as 206 B.C as part of the Confucian ideology of service in government, as some scholars claimed. A piece of Chinese calligraphy can suggest an expressionist or abstract work as it evokes a complex beauty by the simplest of means: black ink on a piece of white paper. During this interim, the students will learn, through discussion on reading and videos and examination of some works of masters, that they will learn how to appreciate works of masters of Chinese Calligraphy. However, students will spend majority part of their time in practicing some basic techniques in calligraphy.
In March 2016, an artificial intelligence named AlphaGo stunned the world when it defeated the game of Go world champion, Lee Sedol, 4 games to 1. He is the only human to have won a game against AlphaGo. Subsequently, a newly born/created artificial intelligence named AlphaGo Zero, after only a mere three days of training, defeated its A.I. ancestor 100 games to 0. This example, among others, has led many to proclaim that despite over 50 years of false starts and exaggerated claims humanity has now entered "The Age of Artificial Intelligence." Why now? What has changed? This interim will explore the realities and the hype as well as the hopes and the fears of this new age of A.I. Through the use of films (such as Her and Ex Machina), documentaries, articles, and podcasts, we will explore societal questions concerning (i) artificial intelligence, big data, and algorithmic bias, (ii) the future of work and universal basic income, (iii) relationships between humans and A.I.s, and (iv) human augmentation and A.I. superintelligence.

Additional Estimated Expenses: $12

In our personal and professional lives, we continue to be fooled by fraudsters, storytellers, self-designated leaders and experts. We are also adept at fooling ourselves. Why does this happen? In this interim, students will learn to identify and distinguish the markers of fraud, trickery, and deceit, including critical examination of controversial cases. Topics will include urban legends, conspiracy theories, Scientology, the essential oils movement(s), and others. We will try to answer the question: why do we continue to do this to ourselves?

This interim partners with SOLO Southeast, leaders in Wilderness Medicine based out of the Nantahala Outdoor Center in Western North Carolina but taught on the Wofford campus. SOLO's expert instructors will help teach this class, placing an emphasis on hands-on, outdoor learning and real-life scenarios, SOLO Southeast prepares students to effectively address outdoor emergencies. This interim includes the Industry-recognized certification in Wilderness First Aid (WFA), Basic CPR certification, and an introduction to Wilderness survival.

The area around Wofford College offers many great riding opportunities for those interested in mountain biking. Students in this interim will have the opportunity to ride on great local trails and learn about the history and development of mountain bikes through the years. Students will also learn bicycle maintenance and general repair techniques.

Since the invention of the chain driven bicycle in ~1885, bikes have been modified to go off-road and tackle rough and unforgiving terrain. Today's modern full-suspension bikes are built on the foundations of those original designs with modifications and technologies developed in the 21st century. Students in this interim will learn about the history of bikes and their off-road modifications, bike technology and riding techniques, and will spend time riding bikes on local trails. Students must have a mountain bike to participate in this interim.

Additional Estimated Expenses: $50
An examination of public memory and the ways that space and place are socially constructed, especially scholarship related to the contested nature of commemorating the past, memorialization, and heritage tourism. In so doing, we will be using a sociological perspective to look at the politics of commemoration (what is remembered, what is forgotten), the study of place naming, belonging, authenticity, symbolic annihilation, excavation, and issues of social and spatial justice at various scales: regional, state, and global.

Students will be introduced to the diversity of Arab culture through a selection of films, assigned readings, videos, and presentations. As a start, we'll discuss our own culture and the effect it has on how we view ourselves and others. Then, we will explore the aspects of the Arab culture by analyzing characters, discussing themes, explaining common Arabic expressions, and discussing events and issues included in the interim assignments. Through navigating this interim course, we hope everyone will gain a greater understanding of aspects that constitute the Arabic culture.

Have you ever heard stories of people who fly all around the world and stay in hotels for the cost of nothing but airline miles and hotel points? In this interim, we learn about how one does that. We will study various airline/credit card/hotel point programs, discover how airline fares and credit cards work, and learn different ways that people attempt to game the system (successfully or unsuccessfully) in order to travel for free. We'll learn the history of customer rewards systems, and we'll study about the culture of points chasing, learning about the mileage runners and credit card churners who make the acquisition of points a key part of their lives. Finally, we'll also learn how to analyze points and rewards for non-travel products such as soft drinks, restaurants, and online retailers.

Those of us who love the outdoors want to understand it and feel at home there. To do that we need to be able to recognize the signs and sounds we encounter in nature. In this interim we will learn to identify mammal tracks, scat, the other signs, the songs and calls of common birds, and relate them to these animals' behaviors. From daily field trips in the upstate and mountains, live trapping of small animals, and classroom study, we will discover that there is far more going on in the Carolina spring woods than we ever imagined.

Needlepoint 101 is an opportunity to learn the basics of a timeless hobby. Participants will learn the most popular tent stitches, the difference in canvas and mesh types, and the different types of threads. Throughout the course students will complete 2 needlepoint projects and begin to understand how needlepoint can be an effective tool for meditation. All skill levels are encouraged to take this class. There will be weekly readings as well.
According to its strategic vision, Wofford College “prepares superior students for meaningful lives as citizens...” This course will aid students in developing values, knowledge, behavior, and skills needed to live meaningful, effective, participatory lives as citizens in a democracy. Specifically, we will use the national Truth, Racial Healing, and Transformation (TRHT) framework to focus on: understanding the distribution of power and resources within a given community (i.e., Spartanburg); building relationships across racial, ethnic and other (perceived) differences, including learning to value and bear empathetic witness to and trust each other; and participating in effective, trust-based collaborative action to address injustice and strengthen the common good.

Students will also explore their own social locations, interests, passions, and strengths; and local, regional and national contexts and interconnectedness of some of our most pressing social and environmental issues (e.g., systemic racism, income inequality, children in poverty, violence, low educational attainment, social antecedents of health, etc.) - integrating all of this into a reinforced and clarified sense of civic identity and sustained commitment to civic involvement, including a vision for students’ future action as agents of change working collaboratively with the community and building upon assets, to positively impact a social issue and/or the public good.

**Billed fee waived for first-year Bonner students**

Bluegrass music is a relatively new genre, but its roots run deep. In this class we'll read, listen, pick and strum our way through that history, exploring the musical, cultural and historical roots of different Appalachian musical traditions. We'll listen to a wide variety of performers, try new instruments for ourselves, (from the familiar guitar or fiddle, to the mountain dulcimer and bowed psaltery), and even make our own “canjos” and diddley bows. Whether you come in as a banjo virtuoso or a complete musical novice, by the end of Interim you’ll be jamming alongside your classmates and performing in your own band. Musicians of all experience levels (or no experience at all) are welcome.

Designed for students seriously considering careers in dental medicine, this project provides an opportunity to serve apprenticeships with practicing dental professionals. Each student will work with one or more dentists throughout interim. Students will also interact virtually with admissions personnel, current dental students, and faculty of the College of Dental Medicine at the Medical University of South Carolina. Students will also learn more about the application process as well as how to prepare for the Dental Admissions Test (DAT). Grades on this project will be based on daily updates via e-mail, a presentation, a daily journal, and the participation of the student in each dental professional's practice as evaluated by that professional. Eligibility: Open to all students with instructor's consent - preference is given to juniors and seniors. Anticipated cost: Cost of travel to dental offices (primarily in the Spartanburg and Greenville areas).
The Pre-Law Interim will introduce students to both the theory and practice of the legal profession. The internship portion of the course has been modified to account for the fact that many law offices will continue to operate remotely. Students will be introduced to the theoretical foundations of the American legal system and have the opportunity to participate in a Moot Court case.

Second, students will move beyond the classroom and into offices of judges, public defenders, solicitors, and private attorneys. The purpose of the internship is not only to gain some knowledge of the practice of the legal profession but to prepare students to make an informed choice regarding whether this profession is the best fit for their vocation. The anticipation is we will not have enough attorneys to allow internships for everyone. An alternative for students not interning is virtual meetings with attorneys from various fields of law and firm types will be provided. We will also watch movies involving the legal profession/law school attendance and discuss. Time will also be provided for the non-interning students to practice the LSAT more extensively.

Finally, students will virtually meet with several law school admission offices.

Due to COVID-19, this course may look a bit different from previous years. Ideally, we hope to provide students with an opportunity to get an intensive, "hands on" introduction to medicine that would include shadowing a variety of health care professionals in a number of different settings, including hospitals, clinics, and private practice. Students may work with physicians, physical therapists, physician's assistants, and nurses. Because of the pandemic, we can't be certain of the amount and variety of shadowing opportunities that will be available in Interim 2021. Ideally, students will be able to work five full days a week at the assigned clinical locations. If that is not possible, we will supplement the internship with other activities of interest to students with health career aspirations. This may include workshops on interviewing skills, personal statement tips and MCAT prep. Therefore, students must be flexible. Students must arrange for their own transportation to get to their clinical rotations each day and to the off-campus visits in Anderson, Greenville, and Spartanburg. Students may be scheduled to shadow in locations outside of Spartanburg, including Greer, Gaffney, Inman, and Landrum.

During this interim project students will intern with a public policy or government related organization. This internship may include work for government officials, local, state, or national non-profit organizations, community development organizations, political parties, or political campaigns. This internship opportunity enables students to apply what is learned in the classroom to real-world governmental, political, and organizational situations. The combination of experience in a work setting and analytic assignments helps students connect theory and practice, prepare for future employment, and clarify their vocational goals. The student will develop specific learning objectives for their internship experience and seek out a 30-40 hour per week internship. In addition, during the internship all students will compose weekly reflective essays on their internship experience, attend an evening meeting, and write a 3-5 page assessment paper at the end of their internship. Students will need to be in regular communication with the instructor during the fall semester, including a personal meeting with the instructor to obtain approval for the proposed internship and attending a mandatory pre-interim meeting.
In this interim, students complete an internship in a field of interest to them. During the term, students are required to work 30-40 hours each week. Each student is responsible for securing the internship and identifying a supervisor at the workplace in advance of submitting a proposal. Then, the student has to complete the Learning Work proposal form and submit it by the end of the day on Monday, January 25th, which is the priority deadline for the course. The faculty will continue to accept applications after January 25th, but those students are not guaranteed a space in the class. Students can begin this process here: https://www.wofford.edu/academics/interim/internships/independent-study/internships The Learning Work faculty members will evaluate the quality of the submitted proposal to judge if the internship is an acceptable one and is appropriate for college academic credit. If the student is accepted into the interim, the faculty members will then communicate to the student the requirements and expectations associated with the internship.
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This project gives students with foundations in Spanish and in intercultural competence a way to participate in an intensive community-engaged global learning practicum. Community-engaged global learning offers students a way to take part in community-engaged learning oriented toward critical global citizenship on issues that community partners identify as important. Practicums in Spartanburg are available with community partners (schools and organizations) in which students, families, or clients are from Spanish-speaking immigrant communities. Students will spend 3-5 hours daily at their partner site, as well as complete readings and critical reflection assignments. The learning focus for Wofford students is (1) to develop a greater understanding of the on-the-ground dynamics of diverse communities, (2) to contextualize experiential learning in relationship to work for equity and inclusive participation in communities, and (3) to build transferable skills in intercultural communication and collaboration. Applications are required; multiple proficiency ranges in Spanish, from Intermediate through Advanced, can be accommodated. Students must have their own transportation.

Students who choose this interim will be introduced to some of Spartanburg's best schools, teachers and classrooms. If students have a desire to learn more about the education field in Spartanburg County, this course will highlight a wide variety of what we have in our seven school districts. The primary component of this course is composed of an 80-hour field experience to be completed in a school. The grade level will be chosen by each student. The students will observe teachers and students before teaching their own lessons. Students will plan for individual, small group, and large group instruction. Class sessions will also be conducted on campus to complement and facilitate the work accomplished during the field experience component.